

Poundmakers Lodge Series:

Introduction to Poundmakers Lodge Treatment Centres

April 17, 2019

14:00– 15:30



Target Audience- Our target audience is Indigenous, Metis and First Nations people as well as people who support Indigenous individuals in their recovery from their substance use disorder (addictions.)



Audio lines and live stream options will be available for those who can not attend over videoconference

This session will introduce Poundmakers Lodge Treatment Centres and explain why having an Indigenous Treatment Program is important for people in recovery. We will examine the mental, emotional, physical and spiritual components of the treatment program.

Learning Outcomes

1. **Mental-** Learning about addictions and their impact to cognitive functioning.
2. **Emotional-** Feeling emotions, accepting emotions and regulating complex emotions.
3. **Physical-** Working with identifying physical impacts of using, detoxification,
4. **Spiritual-** Using narrative therapy and cultural Ceremonies as healing

Presented By: Evan Anderson and Jessica Semaganis

*This is the first session in a four part series that will explore substance use disorder and strategies to help those in recovery.

First Nations Telehealth
Network

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